

BEHAVIORAL HEALTH ASSISTANT O.E.

Juneau, Ketchikan, Sitka

This endorsement provides entry-level training and education for students preparing for careers as behavioral health workers and community pathfinders in rural communities, private health care sectors, and human service organizations. Students completing this endorsement will be able to screen for and develop an appropriate entry-level plan for mental illness and substance abuse disorders that utilizes client input, community stakeholders, and national resources.

Requirement		Hours
Minimum Credit Hours		9
Code	Title	Credits
BHS S101	Introduction to Behavioral Health Practices	3
BHS S135	Beginning Therapeutic Interventions	3
BHS S180	Introduction to Addiction, Trauma, and Crises	3
Total Credits		9

Upon completion, students will be able to:

1. Critically reflect on the biopsychosocial spiritual influences affecting behavioral health disorders.
2. Describe methods to identify behavioral health disorders and discuss behavior change.
3. Critically examine approaches to address behavioral health disorders using a trauma-informed and culturally sensitive perspective.